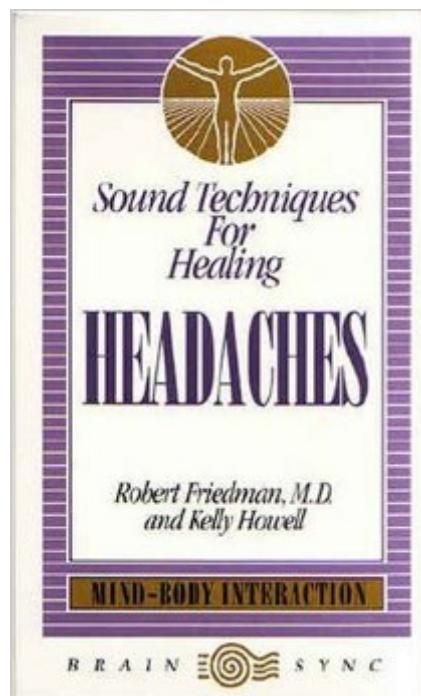


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# Sound Techniques For Healing Headaches



## Synopsis

You are guided to apply finger pressure to the medical acupuncture points that stop head pain. This gentle stimulation redirects and regulates your energy through blocked channels to restore a healthy blood flow to your brain, relax tension in your head, neck and shoulders, and dissolve the negative pressure build-up that causes headaches. Pure and precisely tuned sound frequencies combined with soothing music guide electrical energy into the relaxing patterns known to release a spontaneous stream of neurochemical messengers and hormones that dramatically relieve your head pain.

## Book Information

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